



Coffee Morning at St Marylebone Parish Church

17 Marylebone Road, London NW1 5LT

10.00am – 12.00pm Thursday 15th November

(and every 3rd Thursday of the month thereafter)

**Guest Speaker – John Bent
the London Regional Trustee
for the University of the 3rd Age**

Come along and learn about U3A and future events:

- *FREE IT learning at Marylebone Library - with tea and cakes – a chance to receive one to one support with your digital device.*
- *Future Guest speakers at forthcoming coffee mornings including a performance by Wind and Words.*
- *Planned Christmas Lunches.*

Contact: Steve Spavin, Outreach & Befriending Support Co-ordinator, Age UK Westminster
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